



# Natural Highs

ATTENTION ADRENALINE JUNKIES: NEXT MONTH, VETERAN TRAVEL outfitter Abercrombie & Kent will launch 15 extreme-adventure itineraries around the globe, including dogsledding in Norway and crossing the Sahara by camel (800/554-7016; [ahextremeadventures.com](http://ahextremeadventures.com); 9- to 18-day trips from \$4,750 per person, double). "Seasoned travelers are looking to test themselves," company vice president Peter Boese says. "They're getting serious about their conditioning." On one excursion, Masai warriors lead hikers through northern Kenya to spot black rhinos, eland, and Grevy's zebras. Another takes thrill seekers through a set of spine-tingling activities in Cape Town and Namibia. For example, you'll fly across the Indian Ocean aboard a World War II Hawker Hunter fighter jet (an experienced pilot shares the cockpit, of course). The luxury level varies for each trip, ranging from plush tented camps with high-thread-count linens to thermal sleeping bags under the stars. "Our goal is to give risk takers something new to write home about," Boese says. Mission accomplished. —SHILLING KILSO

## ROAD-TRIP READING

From Jack Kerouac's *On the Road* to John Steinbeck's *Travels with Charley*, the cross-country road trip has made for great book material. And now comes editor and publisher Carll Tucker (below), who got behind the wheel of an RV to visit the grave sites of 65 presidents and vice presidents, which he writes about in *The Bear Went over the Mountain* (Mary Ann Liebert, Inc., \$20). Whether he's at James Polk's resting place, in Nashville, or Thomas Jefferson's former house in Monticello, Virginia, Tucker seeks out the presidents' uncensored histories, and his historical quest ultimately evolves into a personal one. "I learned to question what I was raised to think—about our country's leaders and myself." —S.K.



## CREATIVE RECYCLING

Three artists are channeling the aggravations of airport security by making works from items confiscated by the TSA. —KAREN GATCHPOLE

**The Artist** Michele Pred  
**Objectionable Object** Cigarette lighters  
**The Work** *Inflamed*, a 3-D replica of an American flag made out of 91 red, white, and blue lighters.  
**On View** At the John Michael Kohler Arts Center, through October 12 (608 New York Ave., Sheboygan, Wis.; 920/458-6144).



**The Artist** Christopher Locke  
**Objectionable Object** Scissors  
**The Work** *Scissor Spider Series*, unnervingly lifelike 3- to 10-inch sculptures of spiders.  
**On View** On permanent display at the Austin Art Garage (200 S. Lamar Blvd., Suite J, Austin, Tex.; 512/351-5934).

**The Artist** Cai Guo-Qiang  
**Objectionable Objects** Knives and scissors  
**The Work** *Move Along, Nothing to See Here*, two 12-foot-long sculptures of crocodiles studded with banned blades.  
**On View** At the Hiroshima City Museum of Contemporary Art, from October 25, 2008 through January 12, 2009 (1-1 Hijiyama Koen, Minami-ku, Hiroshima, Japan; 81-82/264-1121).



CLOCKWISE FROM TOP RIGHT: DAVIES + STARR; SHEL SECUNDA; TERESA CHRISTIANSEN/COURTESY OF THE METROPOLITAN MUSEUM OF ART; COURTESY OF CHRISTOPHER LOCKE; CHRIS WATSON/COURTESY OF THE NANCY HOFFMAN GALLERY