I suddenly feel naked.

I’m sitting across the kitchen table from 20-year-old Adam, the self-described “dreamhealer,” while he describes my aura. “In the daylight, I see a slight distortion around you,” he says, looking at me intently. “It’s a fuzzy, glowing form of energy.” Well, hello to you, too.

Adam spends quite a bit of time staring at auras—not because he’s trying to freak people out, but because, he claims, he can tell if someone is sick just by looking at them. “When someone is ill, their aura reflects this as energy being blocked,” Adam says. “Energy healing can eliminate these blockages and restore health.”

Just like prune juice. Except Adam believes that with enough concentration, everything—from cramps to tumors—can disappear.

I’m no New Age type (hell, I don’t even do yoga), but Adam is being touted as alternative medicine’s most promising practitioner, and he looks a bit like Jake Gyllenhaal, if you ignore the unfortunate blond highlights. So here I am in Vancouver, enjoying...
A
fer lunch, Adam reluctantly agrees to show her his bedroom, and as we climb the stairs, he tells me he feels like a Canadian version of Midwesterners. He's embarrassed by the framed school photos that

                                                             116

ADAM'S GOT SOME PRETTY FANS
Adam healing model (heals tumors and chronic disease).

— pea soup made by his mom, Liz.

“Has he straitens” she says, sounding both proud and worried. Like some sort of Messiah, Adam’s growing
celebrity has attracted thousands of sick people—

"When I was younger, I would ask Adam to heal people because I wasn’t going to die until he healed me. He
would say he didn’t think so because he had
people with cancer to help, so I guess my

— phlegm wasn’t that important.

that important. “ I say. Now, pretty much every girl I meet recognizes me from TV, so it’s funny when I
say ‘I’m an energy healer,” Adam says. “She was surprised but supportive."

It’s frustrating. People I haven’t talked to for
years will step in to break
me—admits Liz.

Adam’s father ended up standing in a

when I was working on seeing something.

“Every time a new TV spot comes out, I
get e-mails from people from high school,” he adds.

I couldn’t believe it,” Adam says. “It’s weird stuff,” Frank adds.

he was in a induced coma.

I think she was going to live,” says Adam of his initial

This is just his job.”

I think this guy isn’t a total crock. What difference does
it make whether or not you’re tense,” he explains. He

"He said my aura was yellowish green. I was hoping
my aura was,” Rachel says, even though Adam says the

Adam saw me staring at it, smiles and unconsciously
steps his stomach the way guys with ripped abs do.

park my Chevy Silverado at the Los Angeles Mar-
riott, where more than 500 people have shelled out up to $500 a day to attend a session of Table of
5 Positionss pasted together on his bed.

Adam sees me staring at it, smiles and unconsciously
steps his stomach the way guys with ripped abs do.

The rest of the text is cut off...